



### **Massachusetts COVID-19 Updates and Information**

<https://www.mass.gov/info-details/covid-19-updates-and-information>

### **Food Banks**

<https://www.gbfb.org/need-food/>

<https://foodbank.org/find-food/#agency-locator>

### **Child care for EEC**

[https://eelead.force.com/apex/EEC\\_ChildCareEmergencyProcedure](https://eelead.force.com/apex/EEC_ChildCareEmergencyProcedure)

### **Residential Assistance**

[https://www.mass.gov/info-details/covid-19-dhcd-website#residential-assistance-for-families-in-transition-\(raft\)-program-and-covid-19-state-of-emergency-](https://www.mass.gov/info-details/covid-19-dhcd-website#residential-assistance-for-families-in-transition-(raft)-program-and-covid-19-state-of-emergency-)

<https://www.chapa.org/housing-news/covid-19-affordable-housing-updates>

### **Entertainment**

Insider virtual tours of places around the world

<https://www.insider.com/museums-theme-parks-offer-virtual-tours-ideal-for-social-distancing-2020-3#disney-world-and-disneyland-are-closed-for-the-time-being-but-fans-can-still-virtually-roam-the-magical-theme-park-2>

Free Museum of science webinars

<https://www.eventbrite.com/o/eie-museum-of-science-boston-8004233151>

### **Free Education subscriptions**

<https://swingeducation.com/resources/education-companies-offering-free-subscriptions-and-content-online/>

<https://www.goodhousekeeping.com/life/parenting/g31677468/education-companies-offering-subscriptions/>

<https://www.forbes.com/sites/martingiles/2020/03/19/free-software-for-businesses-and-schools-covid19/#188b2870752d>

### **Others**

<http://massnonprofitnet.org/nonprofit-resources/coronavirus-massachusetts-nonprofits/>

<https://unitedwaymassbay.org/covid-19/covid-19-family-fund/>

[https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19\\_FAQ\\_HouseholdReady-H.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19_FAQ_HouseholdReady-H.pdf)

<https://kidshealth.org/en/parents/coronavirus-prepare.html>

**Mindfulness Apps**

<https://www.puregym.com/blog/top-free-mindfulness-apps/>

**Workout Apps**

<https://us.thesportsedit.com/blogs/news/sweat-7-of-the-best-free-workout-apps-for-tracking-and-planning>

**Medical Benefit**

<https://home.bluecrossma.com/coronavirus>