



**4/9/2020 – How to Make Masks from [Maureen Costello-Shea, Chief Program Officer](#)**

Many thanks to all of you for your ongoing support during these challenging times. I cannot tell you how much staff and the individuals we support appreciate your many kind gestures including thank you notes to staff, gifts of games, puzzles and outdoor activities and the deliveries and packages filled with special treats and meals for the whole house. It means a lot to know you are always thinking of us.

Many parents have asked about making masks. With the change in CDC recommendations related to masks we have provided all of our staff with paper masks. While these paper masks meet the requirement, they are not designed for long term use. One of our adult parents, Peg Doherty, has been kind enough to share instructions for masks. I have [attached these instructions](#) which include helpful hints and video links. She has included her contact information on the attachment and is happy to talk with any of you

We would love to be able to provide each of our staff with a cloth mask for their personal use. If you or a friend is able to make some masks for the Guild please let me know and I can work with you to pick them when they are completed.

Stay healthy and safe.

Maureen Costello-Shea  
Chief Program Officer

